

# Front Porch News

Green Hills Retirement Community ~ 6557 US 68 South, West Liberty, Ohio 43357



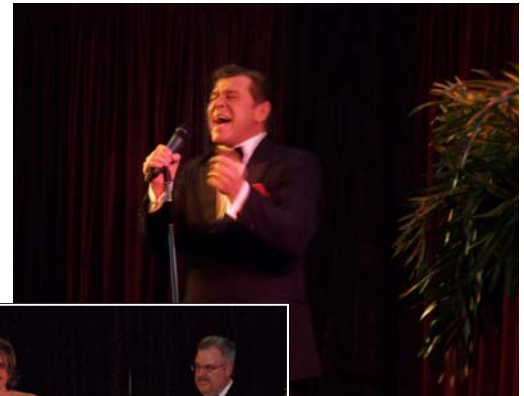
## Frank Sinatra - Huge SUCCESS!

A group of 90 well-suited visitors welcomed the start of spring with an evening of style and elegance in Green Hill's Foundation Hall on April 17. Guests of the *Swing Into Spring* fundraising event were welcomed and escorted to their table. What greeted them was an impeccably adorned setting of linen and fine china topped off with a bouquet of peonies; the organization's signature flower.

While guests anticipated the start of the show, they enjoyed hors d'oeuvres of three-cheese fondue, fresh vegetables with dip, baked stuffed clams, and an olive salad. Michael Sutherland delivered the well-known songs of Frank Sinatra as the Green Hills leadership team, having the honor of wait staff, delivered the first course of the meal; a salad of romaine, endive, and Radicchio. A brief welcome was given by Rebecca Marker-Smith, Director of Marketing. What followed was truly a treat for the palette. Chef Anthony "Antonio" Mickey prepared chicken Florentine, baked ziti and chef cut vegetables as the main course. The recipes for the meal came from his family's well-guarded recipe box. Dessert was a selection of key lime pie, chocolate cake, or cheese cake.

Throughout the evening Mr. Sutherland continued to entertain with *Fly Me to the Moon*, *If I Should Lose You*, *That's Life*, *Chicago*, and *New York, New York* as guests made use of the dance floor. During the intermission Mike Ray, President and CEO, thanked the sponsors who helped make the evening possible: Hill & Hamilton Insurance, Jennings Farley Funeral Home, People's Savings & Loan, Champaign Bank, Mary Rutan Hospital, and Howard Wershbae. Over \$3,000 was raised for the Green Hills Foundation.

Mr. Sutherland is a regular feature at La Scala Restaurant in Dublin.





### AgeStrong!LiveLong!

There are many special events taking place at Green Hills and around the county to honor older Americans. Be sure to check out the Life Enrichment Calendar on pages 4-5 of this newsletter for more details.

## Age Strong—Live Long!

May is Older Americans Month—A tradition dating back to 1963 to honor the legacies and ongoing contributions of older Americans and support them as they enter the next stage of life. Green Hills is joining communities nationwide in celebrating this month with special activities and events.

This year's Older Americans Month theme—Age Strong! Live Long!—recognizes the diversity and vitality of today's older Americans who span three generations. They have lived through wars and hard times, as well as periods of unprecedented prosperity. They pioneered new technologies in medicine, communications, and industry while spearheading a cultural revolution that won equal rights for minorities, women, and disabled Americans.

These remarkable achievements demonstrate the strength and character of older Americans, and underscore the debt of gratitude we owe to the generations that have given our society so much. But the contributions of older Americans are not only in the past.

Older Americans are living longer and are more active than ever before. And with the aging of the baby boomer generation—the largest in our nation's history—America's senior population is expected to number 71.5 million by 2030.

While keeping the growing population of older Americans healthy and active will increase the demand for senior services, what is remarkable is the extent to which older Americans themselves are supporting each other. As the new generations of seniors become better educated and more financially secure than their predecessors, they are spending more time making significant contributions to their communities through civic and volunteer opportunities.

In fact, older Americans are a core component of service delivery to seniors—embodying and modeling the drive to *Age Strong, Live Long!* They volunteer at group meal sites and deliver food to homebound seniors; they act as escorts and provide transportation for older adults who cannot drive; they help seniors with home repair, shopping and errands; and they provide vital counseling, information and referral services. Their energy and commitment reminds all American—not just senior citizens and their caregivers—to do their part to enhance the quality of life for older generations.

The annual commemoration of Older Americans Month is our opportunity to recognize the contributions of older citizens and join them in providing services and support that empower the elderly. Americans of all ages and backgrounds can volunteer with programs that improve health literacy, increase access to quality health services, offer food and nutrition services, provide financial and housing counseling, sponsor social activities and community engagement, and more. Contact your local Area Agency on Aging by visiting [www.eldercare.gov](http://www.eldercare.gov) to find out what you can do to strengthen services for older Americans, this month and all year round.

## Season of Joy



Pastor Cheryl  
Siegenthaler,  
Green Hills Chaplain

The grasslands of the desert overflow; the hills are clothed with gladness. The meadows are covered with flocks and the valleys are mantled with grain; they shout for joy and sing.”

(Psalm 65)

Welcome to the season of joy! You might think more of the Christmas and Easter seasons as marked by joy, and you would be right. But there is something else about the first days of spring temperatures and spring sights and smells that marks this as a season of joy. These are the days when the psalmist’s song most reflects our surroundings: “The grasslands of the desert overflow; the hills are clothed with gladness. The meadows are covered with flocks and the valleys are mantled with grain; they shout for joy and sing.” (Psalm 65) Our whole world seems to be in bloom. Lilac bushes, red bud and crab apple trees, and weeping cherry trees take center stage—almost to the point of outdoing the daffodils, tulips, and other first flowers. This natural beauty can literally take our breath away.

Another sign of this season of joy is that residents are beginning to avail themselves of the fresh air they get when sitting on the front porch. (That’s perhaps my favorite place here at Green Hills.) While it provides shelter from the sun, the porch offers a place for reading, conversation, or simply enjoying a spring breeze. Pulling up a rocking chair and sitting beside a resident is a fringe benefit of this place. World problems may not be solved, but they are certainly discussed. Stories remembered are stories shared, too. And sunny dispositions rule the day!

God is extravagant in all ways. God has exchanged the snows of February (oh, what days those were!) for the flowers of spring. God’s love is that way, too—extravagant. God gave his son Jesus Christ out of love for us that we might live, and in that living we might learn to love others extravagantly and joyfully, too.

## AOPHA Stars Honored

Five Green Hills staff members were recently honored at a regional AOPHA event in St. Marys, Ohio as “Star” employees. The Association of Philanthropic Homes for the Aged annually recognizes non-supervisory staff who exhibit an excellent work ethic, and a commitment to serving our residents with a caring spirit, compassion, and dignity.

Our 2010 Green Hills “Stars” are Mark Bowers—Housekeeping, Tom Deam—Transportation, Barbara Rose—Life Enrichment, Tracey Lazenby—Nursing, Kathy Null—Nursing.

When you see these folks, be sure to share your appreciation for the work they do at Green Hills Retirement Community.



Sunday

Monday

Tuesday

Wednesday

# May 2020

## Homes Life Enrichment

<p><b>2</b></p> <p>2:30 Worship Service-FH Grace Chapel</p> <p>3:30 Ice Cream Social-BK/MCY</p>	<p><b>3</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Bakery Bunch-BK</p> <p>10:00 Bible Study-RC</p> <p>2:00 Courtyard Sing with Cathy-ACY</p> <p><b>AOPHA Art Show Applications Due</b></p>	<p><b>4</b></p> <p>10:30 Mother's Day Brunch-FH (RSVP)</p> <p>5:00 Game Night-RC</p>	<p>9:00 Swim w</p> <p>10:30 Wednes</p> <p>1:00 White Elep</p> <p>Cinco D</p>
<p><b>9</b></p> <p>2:30 Worship Service-FH West Liberty Church of God</p> <p>3:30 Ice Cream Social-BK/MCY</p> <p>Mother's Day</p>	<p><b>10</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Bakery Bunch-BK</p> <p>10:00 Bible Study-RC</p> <p>2:00 Courtyard Sing with Cathy-MCY</p>	<p><b>11</b></p> <p>2:00 Campus Wide Bingo-FH</p> <p>5:00 Game Night-RC</p>	<p>9:00 Swim w</p> <p>10:30 Wednes</p> <p>Memorial Servi</p> <p>1:30 Branc</p>
<p><b>16</b></p> <p>2:30 Worship Service-FH Oak Grove Mennonite</p> <p>3:30 Ice Cream Social-BK/MCY</p>	<p><b>17</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Bakery Bunch-BK</p> <p>10:00 Bible Study-RC</p> <p>2:00 Courtyard Sing with Cathy-ACY</p> <p>7:00 Gospel River Band</p>	<p><b>18</b></p> <p>Logan County Senior Day-RSVP</p> <p>5:00 Game Night-RC</p>	<p>9:00 Swim w</p> <p>10:30 Wednes</p> <p>1:00 White Elep</p>
<p><b>23</b></p> <p>2:30 Worship Service-FH Mt Carmel Friends</p> <p>3:30 Ice Cream Social-BK/MCY</p>	<p><b>24</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Bakery Bunch-BK</p> <p>10:00 Bible Study-RC</p> <p>2:00 Courtyard Sing with Cathy-ACY</p> <p>Victoria Day</p>	<p><b>25</b></p> <p>10:00-3:00 Recycled Treasures-RC</p> <p>2:30 Red Hats-FH</p> <p>5:00 Game Night-RC</p>	<p>9:00 Swim w</p> <p>10:30 Wednes</p> <p>1:30 Branc</p>
<p><b>30</b></p> <p>2:30 Worship Service-FH Hi Point Church of Christ</p> <p>3:30 Ice Cream Social-BK/MCY</p>	<p><b>31</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Bakery Bunch-BK</p> <p>Memorial Day</p>	<p><i>AFC-Aquatics &amp; Fitness Center</i>  <i>BK-Bakery</i>  <i>CH-Chapel</i>  <i>DK-Daybreak</i>  <i>FH-Foundation Hall</i>  <i>L-Library</i>  <i>MDR-Main Dining Room</i>  <i>RC-Independent Living Recreation Room</i>  <i>IDR-Inn Dining Room</i></p>	

Green Hills Retirement Community...Celebrate

Wednesday      Thursday      Friday      Saturday

# 2010 Month

<p><b>1</b></p> <p>2:00 Brother's and Sister's Band-MDR</p> <p>May Day</p>			<p><b>1</b></p>
<p><b>5</b></p> <p>with Susie-AFC</p> <p>Day Worship-FH</p> <p>phant Bingo-RC</p> <p>De Mayo</p>	<p><b>6</b></p> <p>1:00 Dominoes-RC</p>	<p><b>7</b></p> <p>9:00 Swim with Susie-AFC</p> <p>10:30 Bible Study with Fred Clogg-FH</p> <p>1:45 2<sup>nd</sup> Grade Readers-L</p>	<p><b>8</b></p> <p>2:00 Classic Film favorites &amp; Popcorn-FH</p>
<p><b>12</b></p> <p>with Susie-AFC</p> <p>Day Worship-FH</p> <p>ice &amp; Pie Social</p> <p>ly's Bits-DK</p>	<p><b>13</b></p> <p>12:00 Birthday Luncheon-RC</p> <p>1:00 Dominoes-RC</p> <p>2:30 Lois &amp; Louise-FH</p> <p>7:00 Spring Benefit for Daybreak-FH</p>	<p><b>14</b></p> <p>9:00 Swim with Susie-AFC</p> <p>10:00 2<sup>nd</sup> Grade Readers Musical Program-FH</p>	<p><b>15</b></p> <p><i>Chat with a friend in the Homes Gazebo on a warm spring day...</i></p> <p>Armed Forces Day</p>
<p><b>19</b></p> <p>with Susie-AFC</p> <p>Day Worship-FH</p> <p>phant Bingo-RC</p>	<p><b>20</b></p> <p>10:15 Calvary Christian School Musical Program-FH</p> <p>10:30 Out to Lunch Bunch to Golden Bowl (RSVP)</p> <p>7:00 Karen Cain Sing-A-Long-FH</p>	<p><b>21</b></p> <p>9:00 Swim with Susie-AFC</p> <p>9:30 Child Center Graduation-FH</p>	<p><b>22</b></p> <p>10:00 Piano Recital-FH</p> <p>2:00 White Elephant Bingo-IDR</p>
<p><b>26</b></p> <p>with Susie-AFC</p> <p>Day Worship-FH</p> <p>ly's Bits-DK</p>	<p><b>27</b></p> <p>1:00 Dominoes-RC</p> <p>3:30 Bits &amp; Pieces Dulcimer-FH</p>	<p><b>28</b></p> <p>9:00 Swim with Susie-AFC</p> <p>10:30 Bible Study with Fred Clogg-FH</p>	<p><b>29</b></p> <p><i>Listen to the birds while relaxing in our rockers on the Community Center Front Porch...</i></p>

*ACY-Activity Courtyard  
MCY-Main Courtyar*

National Nursing Home Week May 9-15

## *The Monster of Loch Ness*



Mrs. Aldie MacKay shouted to her husband to stop their car, but by then, the creature had disappeared, leaving an enormous disturbance in the water

On May 2, 1933, the *Inverness Courier* newspaper from the north of Scotland published an article titled “A Strange Spectacle on Loch Ness.” This column made the first official mention of a “monster” living in Loch Ness, the largest lake in the United Kingdom. For the next seventy years, the Loch Ness monster, known as Nessie, would become one of the most investigated and most beloved mysteries the world had ever, or never, seen.

The first famous sighting was made by Mrs. Aldie MacKay, who reported seeing a whale-like creature in the lake near Aldourie Castle. Three months later, after repeated sightings of the monster in the water, another couple, Mr. and Mrs. George Spicer, claimed to have seen the monster on land. They reported that “a dragon or pre-historic animal” crossed the road in front of them. It was twenty-five feet long with a long neck. Decades later, a monk from a local abbey claimed to have glimpsed the creature while strolling along Loch Ness with the abbey’s organist.

In the 1980s, Operation Deepscan used sonar to probe the lake’s icy depths. Although no definitive evidence of Nessie was found, three large sonar contacts were made, which indicated something below the water larger than a shark but smaller than a whale. While not the proof the world was clamoring for, these sonar records helped keep the legend alive.

## *Dance Your Way Through May*



“The higher up you go, the more mistakes you are allowed. Right at the top, if you make enough of them, it’s considered to be your style.”  
~ Fred Astaire

In November of 1989, Representative John Conyers of Michigan and Senator Al D’Amato of New York passed a congressional resolution declaring May 25 Tap Dance Day. Conyers said, “By golly, there ought to be a law to make everyone love tap dancing.” As Conyers predicted, everyone has come to love tap dancing, and Tap Dance Day is celebrated as far away as Japan, Australia, India, and Iceland.

May 25 was the perfect day for the holiday because it was the birthday of Bill “Bojangles” Robinson, one of the greatest tap dancers of stage and screen. Robinson explained that his tap dancing abilities stemmed from quieting his head and letting his feet do all the thinking. He continued to tap well into his sixties.

Another famous dancer was also born in May. Fred Astaire was born on May 10, 1899. As a child, Astaire’s mother encouraged him and his sister to dance and sing as a vaudeville brother-sister act. She secretly hoped to ride their talents out of Omaha, Nebraska. Young Fred refused dance lessons at first, but soon became the greatest child act in vaudeville, and a great dancer on the silver screen.

## ***Nursing Appreciation***



On Friday, May 7, 2010, Green Hills will host an Open House for the nursing staff. Be sure to share your appreciation for our staff during the month of May.

**All across the United States, all in the nursing profession are being saluted.**

On May 6, 2010, Green Hills is joining the American Nurses Association in celebrating **Nurses: Caring Today for a Healthier Tomorrow**, as part of National Nurses Week, which is held May 6-12, every year. The purpose of **Caring Today for a Healthier Tomorrow** is to raise awareness of the value of nursing and help educate the public about the role nurses play in meeting the health care needs of the American people.

In honor of the dedication, commitment, and tireless effort of the millions of nursing staff nationwide to promote and maintain the health of this nation, the ANA and Green Hills are proud to recognize these individuals everywhere on this particular day for the quality work they provide seven days a week, 365 days a year.

## ***Making a Point of Mother's Day***



### **Notable Quotable**

*"Women's liberation is just a lot of foolishness. It's the men who are discriminated against. They can't bear children. And no one's likely to do anything about that."*

~ Golda Meir  
(born May 3, 1898)

- Mothers have been honored with festivals and tribute days since ancient Greek and Roman times.
- Virtually every country celebrates a day in honor of mothers, but not all do so in May.
- In the vast majority of the world's languages, the word for "mother" begins with the letter M.
- The original U.S. promoter of a celebration for mothers was Julia Ward Howe, who wrote a Mother's Day Proclamation in 1870 as a call for peace and disarmament.
- Anna Jarvis eventually took up the cause, and the first memorial day for mothers was celebrated in Grafton, West Virginia, on May 10, 1908.
- Congress officially designated the second Sunday in May as Mother's Day in 1914.
- Mother's Day is widely reported as the peak day of the year for long-distance telephone calls, and it's the busiest day of the year for many restaurants.

***May Birthdays***



Don Vassar	Homes	01	<i>Irving Berlin</i>	<i>Songwriter</i>	11
David Black	Center	02	Russell Ranft	Apts	15
Terry Campbell	Apts	03	Harriet Smith	Center	15
Mayme Wells	Apts	03	Louise Prall	Apts	16
Helen Lockwood	Homes	03	Frances Jordan	Inn	16
<i>Frankie Valli</i>	<i>Singer</i>	<i>03</i>	Virginia Ballard	Apts	18
Cooper Waers	Child Center	04	Linda Godwin	Center	18
Deloris Glosser	Apts	04	Jack Yoder	Center	19
Donna Heminger	Apts	04	Margaret Haner	Center	19
Marjorie Parmer	Center	04	Billie Dever	Apts	20
<i>Audrey Hepburn</i>	<i>Actress</i>	<i>04</i>	Marcelene Leichty	Homes	20
Louise DeVore	Inn	05	Olga Jean Stewart	Center	24
Billie Miller	Apts	07	Ruth Ellen Yoder	Homes	24
Anna May Jenkins	Inn	07	Betty Collingsworth	Center	25
Ann Smith	Apts	09	Marion Harper	Homes	26
Anabelle Messner	Homes	10	Edna Hale	Inn	27
Mason Swisher	Child Center	11	Mary Kay King	Homes	28



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**CURRENT RESIDENT**